

February 8 - Day 7

O Mary conceived without sin, you said to Bernadette "I cannot promise you happiness in this world but only in the next." For the remainder of her 35 years, Bernadette knew suffering of body and soul. It was a gift she accepted to bear as part of her calling as a visionary of Lourdes.

One day, in a burst of faith and generosity, she wrote: "The more that I am crucified, the more I am gladdened." O courageous Bernadette, enlighten those who are sick to the meaning of the redeeming grace of suffering. Mother of Mercy, help me to be sensitive to the suffering of my loved ones and obtain for me the grace to lovingly give of myself.

Intention: Mother of my Lord, I entrust to your kindness this intention: "May the eyes of sinners and those who refuse the love of Jesus be opened to the light of Christ" and I bring my prayer to you with confidence: Hail Mary ... (three times).

Invocation: Our Lady of Lourdes, pray for us. St. Bernadette Soubirous, pray for us.

Goal for today: To pray devoutly to the Virgin Mary and St. Bernadette for those I know who are suffering in body or soul.

February 9 - Day 8

Blessed Virgin Mary, you chose Lourdes for your Sanctuary, to be a holy place of prayer, a place where the faith of Christians could take root, where love could be rekindled and hope reborn. I beg you holy Mother of God to increase your influence throughout the Church.

O Virgin most powerful, may your radiance reach out and touch those who seek the truth. Mother of the Church, nurture the ardor of the Holy Father and all holy priests. Obtain for our Church new vocations to the priesthood and religious life. Encourage all Christians to be strong witnesses to the Gospel and assist young people to carry the flame of faith in the Risen Christ with courage.

Intention: Mother of our Lord, I entrust to your kindness this intention: "May newly baptized children and all young people encounter in their life teachers who like them, who understand them and who will reveal Christ to them" and I bring my prayer to you with confidence: Hail Mary ... (three times).

Invocation: Our Lady of Lourdes, pray for us. St. Bernadette Soubirous, pray for us.

Goal for today: To take the time to discuss with others the needs of our Church.

February 10 - Day 9

Tomorrow we celebrate your Feast as Our Lady of Lourdes and my heart is filled with love for you holy Mary, Mother of my Lord.

Throughout this novena you have helped me discover your motherly kindness and the miracles at Lourdes are a wondrous sign that your message still remains alive today. Blessed Mother of our Redeemer, may your message of prayer and penitence become a part of my daily life so, like Bernadette, Ludger Pauzé and other pilgrims, I too may find the grace of salvation. Grant the petition which I ardently desire, to have a greater devotion to you, Mary most pure, blessed among all women, Mother of my Lord and my loving mother.

Intention: Mother of my Lord, I entrust to your kindness this intention: "May Jesus, your Son, nurture hope in all the pilgrims who, for 134 years, have visited and prayed to you at the Sanctuary of Lourdes in Rigaud" and I bring my prayer to you with confidence: Hail Mary ... (three times).

Invocation: Our Lady of Lourdes, pray for us. St. Bernadette Soubirous, pray for us.

Goal for today: To sprinkle throughout my day prayers to the most holy Mother of God.

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Novena to Our Lady of Lourdes



February 2 - Day 1

O ever Immaculate Virgin, I, and all who treasure you, thank God for choosing you to be the Mother of our Lord, Queen of heaven and earth, and my own sweet mother.

I congratulate and honour you for having been chosen from all women. O Lady of Lourdes, you are clothed with virtue and I will always bring my prayers to you with confidence.

Intention: Mother of my Lord, I entrust to your kindness this intention: "May your Son Jesus' message of love be proclaimed, welcomed and lived throughout the world" and I bring my prayer to you with confidence: Hail Mary ... (three times).

Invocation: Our Lady of Lourdes, pray for us. St. Bernadette Soubirous, pray for us.

Goal for today: To pray with passion and confidence throughout the day this prayer: Hail Mary ..."

February 3 - Day 2

O Mother of our Redeemer, what emotion fills my soul when I read these lines from the diary of little Bernadette, your visionary: "My soul was happy, O my good Mother, when I had the joy of gazing upon you. How I love to remember those tender moments under your countenance, your eyes filled with kindness and mercy for us!"

Yes dear Mother, you humbled yourself to appear to a simple child. You are Queen of heaven and earth yet you chose to avail yourself of the most lowly in the world to do your bidding.

Intention: Mother of my Lord, I entrust to your kindness this intention: "May your Son Jesus grant me a simple and welcoming spirit so I may respond to His call, desiring to work so His Kingdom may come" and I bring my prayer to you with confidence: Hail Mary ... (three times).

Invocation: Our Lady of Lourdes, pray for us.
St. Bernadette Soubirous, pray for us.

Goal for today: To find numerous reasons to say thank you to our God.

February 4 - Day 3

O Lady of Lourdes, help of Christians, you came to tell us that prayer and penitence were needed to follow Christ Crucified and to share in His Resurrection. May your message inspire me to pray and to accept suffering as well as joy, disappointment as well as hope.

May I resist the temptation to think only of myself and put the needs of others first, my desire being to follow your Son, our Saviour. Jesus saved us by His Cross. May His Cross be for me a sign of hope and a call to generosity.

Intention: Mother of my Lord, I entrust to your kindness this intention: "May Jesus use my prayer to bring comfort, no matter how small, to those who suffer, who are sick or alone and who are in distress" and I bring my prayer to you with confidence: Hail Mary ... (three times).

Invocation: Our Lady of Lourdes, pray for us.
St. Bernadette Soubirous, pray for us.

Goal for today: To accept the petty annoyances and crosses that I encounter today.

February 5 - Day 4

As a sign of your favour with God, Virgin most powerful, you made water flow from the rock of Massabielle. Since your appearance, blessings and favours have continually flowed from Lourdes. May these blessings, which are widespread throughout the earth, strengthen my faith and resolve and awaken in me a constant prayer of thanksgiving. Since you are never invoked in vain, I thank you in advance Blessed Mother for accepting the prayers which I offer through your loving intercession.

Thank you Mary most holy, comfort of the afflicted, for helping the unhappy, the broken-hearted, the wounded souls, the afflicted bodies and those suffering cruelly and driven to despair.

Intention: Mother of my Lord, I entrust to your kindness this intention: "May the doctors, nurses, attendants and volunteers who work in hospitals and seniors residences be bearers of hope and peace" and I bring my prayer to you with confidence: Hail Mary ... (three times).

Invocation: Our Lady of Lourdes, pray for us.
St. Bernadette Soubirous, pray for us.

Goal for today: To make a gesture of kindness to someone I know who is unhappy.

February 6 - Day 5

O Lady of the Rosary, you told Bernadette to pray many Hail Marys and Bernadette later admitted that at the time, the rosary was the only prayer she knew.

You also showed us, Beautiful Lady, the value of praying the rosary. Obtain for me the grace, holy Mother of God, to experience the wonder and awe of the Archangel Gabriel's greeting, so that I may pray each Hail Mary like a compliment, a tribute to your role as Mother of our Redeemer and of us all.

And with your cousin, St. Elizabeth, I repeat, "Blessed are you among women and blessed is the fruit of your womb, Jesus."

Intention: Mother of my Lord, I entrust to your kindness this intention: "May all families, especially those I know and love, have a good family life, filled with love, meaningful communication, joy and harmony" and I bring my prayer to you with confidence: Hail Mary ... (three times).

Invocation: Our Lady of Lourdes, pray for us.
St. Bernadette Soubirous, pray for us.

Goal for today: To offer up to the Blessed Virgin Mary the gift of a rosary.

February 7 - Day 6

Holy Mary, refuge of sinners, to spread your message to mankind, you looked to a simple child who loved the Lord with all her heart. By the grace of your Son, Bernadette lived the sanctity of the humble, the holiness of those who give their lives to God.

Obtain for me the grace, Mother of good counsel, to embrace and live your message of prayer and penitence. May the spirit of the Beatitudes, the gift of self-giving, permeate my life so that, like you, one day I may be honoured to say "the Lord has done great things for me."

Intention: Mother of my Lord, I entrust to your kindness this intention: "May all those who have stopped praying or have stopped believing in the merit of prayer rediscover the path to meaningful prayer" and I bring my prayer to you with confidence: Hail Mary ... (three times).

Invocation: Our Lady of Lourdes, pray for us.
St. Bernadette Soubirous, pray for us.

Goal for today: To invoke many times throughout the day this prayer: St. Bernadette Soubirous, pray for me.